



Vermont DENTAL CONFERENCE September 21-22, 2023

DoubleTree by Hilton ♦ 870 Williston Road ♦ South Burlington, VT

Education is Power...Come Learn with Us!

In-Person Programs

Thursday,
September 21st
&
Friday,
September 22nd

Award Winning Speakers

Virtual CE Sessions

Live Virtual Session
Friday, September 8th
&
On Demand Session
September 8th-23rd

Greetings from the VSDS President!



On behalf of the Vermont State Dental Society, I am pleased to invite you and your team to the 2023 Vermont Dental Conference. This is one of the greatest values that is offered through membership in the VSDS. This year, I have personally witnessed the extent of effort that goes into the planning of this event for the benefit of our members. The staff works tirelessly and with incredible attention to detail in order to deliver what I consider to be one of the most robust continuing education offerings in the country. This year, we have wonderful lectures from Larry Sangrik, DDS on the topics of management of dental fear, dental emergencies and oral sedation. Dr. Steven Shepard will present an intriguing lecture on changes within the dental team. Finally, Tierona Low Dog, MD will present on dietary supplements and integrative approaches to pain. In order to include the full dental team, the society has put together a very robust program for your dental hygienists that will be presented by Karen Davis RDH, BSDH and Nancy Dewhirst RDH, BS. While I am on the topic, as a Pediatric Dentist I would like to put in a special plug for the lecture that will be offered virtually by Jeanette Maclean, DDS, DABPD, FAAPD. She will present on SMART fillings as well as the utilization of SDF in daily practice. This is one you will not want to miss!

The VSDS Annual Business Meeting will take place on Thursday, September 21st from 9am to 12pm. This meeting is an excellent time to receive updates on the state of affairs, and this year has been dynamic. We look forward to sharing and connecting...especially in person. I will never take that privilege for granted again. Seeing our colleagues face to face and having the ability to connect is perhaps one of the most valuable aspects of this meeting. In addition, the Vermont Dental Conference provides you with a wonderful opportunity to meet face to face with over 40+ vendors whose financial support make our conference possible.

We look forward to seeing you at this event. The support of this conference for our State Dental Community cannot be understated. Your attendance and participation are highly valued.

Very Respectfully,

Steve K. Rayes DDS, MS
President, Vermont State Dental Society

SPEAKER TESTIMONIALS

Karen Davis, RDH, BSDH

"Karen Davis captures her audience with enthusiasm and Texas charm! Her engaging speaking style challenges the audience to reach beyond their potential and deliver exceptional, practical patient care!"

-Gary Ackerman, DDS

Tieraona Low Dog, MD

"This was an excellent presentation - Dr. Low Dog is so knowledgeable and easy to listen to!"

-VSDS Member Dentist

There are so many great reasons to attend the 2023 Vermont Dental Conference...
Especially our high quality presenters!



Nancy Dewhirst, RDH, BS

"Nancy provided so much data driven information and it is presented in an engaging manner by a knowledgeable instructor!"

-Attendee Remarks

Jeanette MacLean, DDS, DABPD, FAAPD

"Dr. MacLean killed it today at 2023 Yankee Dental Congress in Boston. Two of the best talks I've listened to in my career. Thank you for presenting something relevant, meaningful, and actionable. You're funny too!"

-Yankee Dental Congress 2023 Attendee

Larry J. Sangrik, DDS

"Excellent course. The speaker was informative with a wonderful sense of humor which made the material fun! Very valuable. Please bring him back next year!"

-Yankee Dental Congress Attendee

Dr. Steven Shepard

"Steven is a mind and eye opener to the wonderful untapped possibilities of merging dreams with technologies and humanity, bringing emotion to technology!"

-Course Attendee

Location & Hotel Reservations

DoubleTree by Hilton 870 Williston Road, So. Burlington, VT 05403

- Thursday, September 21, 2023, 9:00am – 4:30pm
Half day programs offered & VSDS Annual Business Meeting
- Friday, September 22, 2023, 9:00am – 4:30pm
Full day registration only, with a choice of programs

Hotel Reservations are available using this Event Room Block Link: [DoubleTree Reservations](#). The conference discounted rate is \$205 per night. The deadline to register is August 30th and space is limited so reserve early. You may also call the hotel at 802-865-6600 and request the Vermont Dental Conference room block rate. (Note: the website pre-populates with 3 nights. Once you get to "Step 3 - Payment and Guest Details", click the "Edit Stay" link at top right. Change the dates in blue and click the "Update" button to the right of the dates. That should change the dates and the price for your choices.) Free parking is available on the premises for attendees and hotel guests.

Additional Virtual Sessions

Live Digital (Virtual):

Jeanette MacLean, DDS, DABPD, FAAPD "Be SMART: Improve Your Practice with Silver Diamine Fluoride & Atraumatic Restorative Treatment" Live Digital and Limited On-Demand

- **Live Digital:** Friday, 9/8/2023, 1:00pm – 3:30pm
(Zoom link sent directly to registered attendees the week prior to the scheduled date.)
- **On-Demand:** Saturday, 9/9/2023 – Friday, 9/22/2023 (only)
(Recording link sent 9/8/23 directly to registered attendees.)

Recorded Virtual On-Demand:

Nancy Dewhirst, RDH, BS "Ergonomics: It's a Balancing Act"

- **On-Demand:** Friday, 9/8/2023 – Saturday, 9/23/2023 (only)
(Recording link sent directly to registered attendees the week prior to the scheduled date.)

Please Note: Virtual sessions require a post-event quiz. The quiz link will be included with your program Zoom link.

Event Fees

Great Savings! Register by August 18th - Early Bird Pricing!

Program fees apply to all CE (continuing education) programs and include lunch. There is a \$25 online registration fee that applies to all participants attending the Annual Business Meeting or CE program. When registering, select from two registration types for pricing, see "Member Rate Eligibility". Registration and badges are required for all events during the conference (including business meetings). See pricing grid (pg. 4) for details.

Member Rate Eligibility: All ADA & VSDS Member Dentists and their staff are eligible for member pricing. Also, any ADAA, VDHA, ADHA members are eligible for member pricing, regardless of member status of employer. Membership is verified.

Non-Member Rates: Apply to non-ADA dentists and their staff. Membership is verified.

Miscellaneous Event Items

Thursday Entertainment Social Mixer: See full schedule (pg. 8) for details. Open to all attendees as a complimentary event. Please RSVP when registering online. Hours are 4:30pm - 6:00pm in the Exhibit Hall.

Exhibitor Trade Show: Thursday: 8:00am-6:00pm; Friday: 8:00am-1:30pm



Exhibit Guest Pass

Dental professionals not registered to attend the Annual Business Meeting or continuing education are welcome to come and receive a GUEST PASS for the Exhibitor Trade Show during off-peak hours, at no charge. An exhibit guest badge must be obtained at the conference registration. Available Hours: Thursday 9/21 9:30am-11:00am and 2:00pm-3:30pm. Friday 9/22 9:30am-11:00am only.

Registration

On-Line registration is used to register for this event, **no printed forms are available**. Each registrant must provide a unique email. Contact VSDS if you need assistance. Deadline to pre-register is **Sunday, September 17th** (on-site registration is discouraged.) **See Registration Tips on page 7.** **Group Registration** is an available option. First, select a Group Leader and complete their registration, next locate the Add Group Member button during the same transaction and register each additional attendee. The Group Leader ONLY will receive their confirmation plus a separate confirmation for each group member. The group members will also receive their own individual details confirmation. We recommend you select whoever is completing and paying for the overall group registration to be designated the Group Leader. [Online Registration Link](#)

Confirmation

Once you register online you will receive an email confirmation. If not received within 24 hours, contact VSDS. Each registrant must provide a unique email when registering. Group registration is an available option; after registering the first person, you have the option to add other group members. If you opt-out of receiving (CVENT) emails you will not receive important event details.

Payments

We accept **VISA, MasterCard, Discover & AMEX**. Check payments are accepted using the online registration portal, a payment invoice link is provided with confirmation and due within 14 days of registering or by September 5th, whichever comes first. Print invoice and send it in with payment to VSDS: 1 Kennedy Drive, L-3, So. Burlington, VT 05403

Handouts/Verification Forms/Evaluations/Quizzes

Will be posted on the **VSDS website** for download closer to the event. Virtual Sessions are the only sessions that will require a post-event quiz to obtain credit. Details: [VSDS Conference Participants Page](#)

Conference Pricing

MEMBER PRICING

	Virtual Sessions	Thursday	Friday
Early Bird Thru 8/18	\$130 Per Session	\$155 Per Session	\$310 Full Day Only
Tier Two Thru 9/17	\$165 Per Session	\$190 Per Session	\$380 Full Day Only

NON-MEMBER PRICING

	Virtual Sessions	Thursday	Friday
Early Bird Thru 8/18	\$260 Per Session	\$315 Per Session	\$630 Full Day Only
Tier Two Thru 9/17	\$325 Per Session	\$365 Per Session	\$730 Full Day Only

- **Member Rate Eligibility:**
ALL ADA & VSIDS **Member Dentists and their staff** are eligible for member pricing. Also, any ADAA, VDHA, ADHA members are eligible for member pricing, regardless of member status of employer. Membership is verified.
- Lunch is included with CE program fees.
- There is a \$25.00 registration fee per person which is non-refundable.
- **Early Bird Savings...**
Register by August 18th and save!

Modification/Cancellation Policy & Refunds

Modifications or cancellations to an agenda by the attendee/registrant must be made **on or before August 31st** and will incur a \$10 processing fee per-changed-CE-session. All changes after **September 1st** will be reviewed by VSIDS post conference. Refunds at that time will be at the discretion of VSIDS and returned in the form of the original payment (CC or Check). **The \$25 registration fee is non-refundable.**

Contact Information & Deadlines

CONTACT US:

For all questions regarding this event contact:

Vermont State Dental Society
1 Kennedy Dr., Suite L-3
So. Burlington, VT 05403

Checks should be payable to and mailed
to the address above.

Email: mail@vsds.org

Phone: 802-556-2934

IMPORTANT LIVE LINKS:

[Register Now](#)

[Conference Participant Page](#)

[Dental Conference FAQs](#)

Disclaimers

- The Vermont State Dental Society and its Annual Conference Committee make every effort to provide high caliber speakers in their respective areas of expertise. The presentations of the speakers in no way imply endorsement of any product, technique, or service discussed during these programs.
- Speaker conflict of interest or financial support is listed in the brochure and announced during the program.
- Participants are cautioned about using limited knowledge when incorporating techniques and procedures into their practices, especially in circumstances where they have not had supervised clinical experience in the technique or procedure.
- Vermont State Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

ADA CERP® | Continuing Education
Recognition Program

Photography Disclaimer

The Vermont State Dental Society (VSIDS) reserves the right to use any photographs taken at any course or event during the Vermont Dental Conference without the expressed and/or written permission of those included in the photographs. Photos may be used in any social media/publications/materials including but not limited to; next year's Vermont Dental Conference brochure, invitations, newsletters & the VSIDS website.

Live Digital/On Demand – Sept. 8, 2023

VIRTUAL PROGRAM – Friday, September 8, 2023, Live Digital and Post-Event Recording for On-Demand Presentation (Recording available September 9 – September 23rd)

Live Digital:
1:00pm-3:30pm

On Demand:
Sept. 9 - 23rd

VS-08Sept23 ZOOM

Be SMART: Improve Your Practice with Silver Diamine Fluoride and Atraumatic Restorative Treatment

Jeanette MacLean, DDS, DABPD, FAAPD

Educational Sponsor: GC America, Inc.

Suggested Audience Code: D, H, A, (EFDA)

2.5 CEUs/Clinical Lecture

FORMAT: Live Digital Lecture Program presented on date and time. A Zoom link will be provided one week prior to the presentation date. A post-event recording will be available for on-demand viewing 9/9 - 9/23. Recording will be sent post-event.



Silver Diamine Fluoride (SDF) is a revolutionary approach to combating caries in a non-invasive manner. Following a widely publicized 2016 feature in the New York Times, there has been tremendous interest surrounding the use of SDF from patients and dental professionals. Learn the principles of case selection, informed consent, treatment planning, and a clinical protocol for SDF. Learn how to restore cavities in a quick, effective, and painless way using Glass Ionomer Cement and SDF, known as Silver Modified Atraumatic Restorative Treatment (SMART). Find out how offering minimally invasive options like SDF and SMART can attract new patients, improve patient satisfaction, and increase internal marketing and word of mouth referrals to your practice.

Learning Objectives:

- Describe the evidence for using SDF and SMART to treat and prevent dental caries
- Review informed consent, coding, and billing
- Describe case selection, materials, and clinical protocol for each procedure

On-Demand September 8th - 23rd

On-Demand Zoom Recording – Recording will be available beginning September 8th through September 23rd for on-demand access.

On Demand:
Sept. 8th -23rd
Zoom Recording

VS-OD-Sept23 ZOOM

Ergonomics: It's a Balancing Act

Nancy Dewhirst, RDH, BS

Suggested Audience Code: D, H, A, O

2.5 CEUs/Clinical Lecture

FORMAT: On-Demand Digital Lecture Program, a Zoom link will be emailed to all registered attendees beginning September 8th.



Enjoy a long dental career and improve clinical precision while avoiding injury and pain! Pathogenesis, causes, and prevention of various cumulative trauma disorders are discussed. The presentation will focus on the upper extremity, spinal and joint pathologies. The evaluation of preventative strategies, including equipment design, body positioning and conditioning, and enhanced visualization will be covered. You will learn stretching and strengthening exercises to reduce pain and optimize personal career excellence and longevity.

Learning Objectives:

- Evaluate various physical signs and symptoms of cumulative trauma disorders commonly found in dental workers
- Understand the physiology of representative cumulative trauma disorders
- Practice and evaluate stretching and strengthening exercises and strategies intended to reduce risk of work-related injuries
- Promote greater clinical control and efficiency
- Compare ergonomic features of dental equipment and technology that benefit workers and patients
- Leave with strategies for personal ergonomic protection and improved clinical effectiveness

Thursday Agenda – September 21, 2023

6

8:00am–9:15am Continental Breakfast – Exhibit Hall

8:00am–1:45pm Registration – Conference Center Foyer

8:00am–6:00pm Trade Show Exhibitor Display Hours – Please use your free time to visit exhibits

Thursday Programs – September 21, 2023

9:00am-12:00pm

Meeting #1

The 147th Vermont State Dental Society Annual Business Meeting

Dr. Steven Shepard returns for Keynote

9:15am-12:15pm

Program #2

Larry J. Sangrik, DDS

Understanding Dental Fear: Successfully Treating the Apprehensive Patient

Audience Code: H, A, O

3 CEUs/Clinical Lecture

Research indicates that an overwhelming percentage of patients find dental care to be an anxiety-producing experience. The consequences can include: patients not pursuing treatment, declining case acceptance rates, broken appointments, or the provider perceived as not being open to apprehensive people. At the same time, dentists and dental teams become frustrated when techniques that comfort one patient backfire on another. Most importantly, failing to manage dental fear results in patients not receiving the dental treatment they need. Dental teams are encouraged to attend as a group as all will benefit from this presentation.

Learning Objectives:

- Understand the four types of dental fear and how to identify them
- Appreciate the significance that the intensity of the fear and the patient's personality impact patient behavior
- Develop a method to assess the type of fear, intensity, and patient's behavior in a cost & time effective manner
- Recognize the various techniques that exist to address a patient's fear and which technique best matches a patient's need
- Learn how to get compensated for extra time invested on the apprehensive patient

9:15am-12:15pm

Program #3

Karen Davis, RDH, BSDH

Conquering Disease with Antioxidant Arsenal, Anti-inflammatory Diets & Adequate Sleep

Audience Code: H, A, O

3 CEUs/Clinical Lecture

Pro-inflammatory diets, over-stressed lives, chronic inflammation, and lack of adequate sleep have strong correlations to adverse health outcomes. Explore strategies to prevent disease and reduce inflammation using food as medicine. Explore how sleep disordered breathing compounds disease development and how dental professionals should take the lead in identification of patients suffering from inadequate sleep. Examine the role of antioxidants in disease prevention and examine how Lifestyle Medicine can both prevent and interrupt chronic disease progression. Today's dental professional can help fill a growing gap between disease diagnosis and various treatments by proactively guiding patients toward preventive strategies for health & wellness.

Learning Objectives:

- Determine foods that promote versus prevent diseases inside and outside the oral cavity
- Understand the role of antioxidants & adequate sleep for sustaining health
- Identify strategies and technologies to reduce inflammation and prevent diseases



Thank You!

Conference Planning Committee

Jeffrey Berkowitz, DDS	Brian Shuman, DMD
Diane Dumas, TDA, VSIDS Administration	David Solomon, DDS
Patrick Gallivan, VSIDS Executive Director	Cyndee Trahan, RDH, BA
Jenny Pitz, VSIDS Administration	Dixie Vallie, CDA, COA, EFDA

Audience Code: D-Dentist H-Hygienist A-Assistant O-Office Team Programs are open to all.

THURSDAY LUNCH OPTIONS:

11:15am – 12:00pm

Exhibitor Luncheon

12:00pm – 1:30pm

Main Lunch is served in the Exhibit Hall - *Lunch included with all CE program registrations*

12:15pm – 1:30pm

VSDS Past Presidents' Luncheon - *Invitation Only - Willsboro Room*

.....

1:30pm-4:30pm

Program #4

Dr. Steven Shepard

How to be a Change Hero on Your Team

Audience Code: D, H, A, O

3 CEUs/Non-Clinical Lecture

Everybody talks about change management, but nobody ever talks about change leadership. The two are very different, and the presentation delivers a combination of leadership techniques and communication techniques that help businesses overcome the inevitable internal and external pushback that change creates.

This presentation is appropriate for the dental team whether in management or not.

Learning Objectives:

- Identify the factors and forces that are both driving and demanding change
- Explain the difference between a change manager and a change leader
- Use techniques offered in the program to identify blind spots that prevent effective change and create solutions for those blind spots
- Implement change within the specific context or organizational vision and values
- Use the framework provided during the program to drive effective and efficient change

.....

1:30pm-4:30pm

Program #5

Larry J. Sangrik, DDS

Medical Emergencies in the Dental Office: Why CPR is Not Enough

Audience Code: D, H, A, O

3 CEUs/Clinical

Medical Emergencies occurring in the dental office can be stressful and frightening, not only for the patient, but also the entire dental team. This program is designed for dentists and staff to develop strategies to prevent, identify and respond to medical problems including syncope, allergic problems, cardiovascular abnormalities, diabetes, and respiratory distress. Emphasis will be placed on preparing the dental team in advance of a crisis to minimize its potential impact. Although dentists or staff will benefit from attending individually, the greatest gain is achieved when the entire dental team attends together. By doing so, dental teams can develop a coordinated response to a patient's problem. An extensive handout is provided which can later be condensed into a chair-side manual with appropriate protocols to respond to most emergencies.

Learning Objectives:

- Understand the six areas in which dental offices need to be prepared to manage a medical event
- Appreciate the need for supplemental oxygen for both breathing and non-breathing patients
- Learn to assign duties to all members of the dental team
- Practice identifying and responding to a variety of complex medical conditions a dental office may likely encounter

**This program meets the dental emergencies training criteria credit requirement for VT license renewal. This program is repeated on Friday.*



1) Select Registration Type

- ADA/VSDS Member Dentist & Staff * -or-
- Non-Member Dentist & Staff

**see eligibility in General Information*



2) Select Day or Days of Attendance

- Full Conference: (Thurs. 9/21 & Fri. 9/22 + option to register for virtual sessions)
- Thursday Only: (9/21 + option to register for virtual sessions)
- Friday Only: (9/22 + option to register for virtual sessions)
- Virtual Sessions Only: (Live on 9/8) & (On-Demand Sessions available 9/8-23)

Audience Code: D-Dentist H-Hygienist A-Assistant O-Office Team *Programs are open to all.*

1:45pm-4:45pm

Program #6
Karen Davis, RDH, BSDH
The Magic of Air for Managing Dysbiotic Biofilms Around Implants and Teeth

Audience Code: D, H

3 CEUs/Clinical Lecture

Guided Biofilm Therapy (GBT) is terminology describing a strategic plan for upsetting the underworld of biofilms in the oral cavity. This novel approach to biofilm removal incorporates the magic of air, powder, and water to irradiate dysbiotic biofilms clinging to teeth and implants. With Guided Biofilm Therapy the patient and clinician benefit from an easy, gentle, and effective method of biofilm removal from implants, exposed root surfaces, delicate restorative materials, and difficult to access periodontal pockets. This course explores compelling science and shows the benefits surrounding the magic of GBT for preventing and treating biofilm infections in the oral cavity.

Learning Objectives:

- Appraise evidence surrounding pathogenic biofilms as a direct and indirect promoter of chronic diseases
- Distinguish clinical benefits Guided Biofilm Therapy provides to irradiate pathogenic biofilms
- Identify shifts in paradigms and protocols necessary to provide Guided Biofilm Therapy to your patients

The speaker has indicated a financial interest/arrangement or affiliation with a product/technique in this program.

The speaker was a consultant for Periosciences & EMS.

Thursday Evening Program

4:30pm – 6:00pm

Entertainment & Social Mixer

National sensation Alyx Hilshey will be dazzling us with her jaw-dropping magic. She performs throughout the US with an extensive repertoire of magic, quick wit, and easy-going performance style. Exhibitors will have their latest products on display for casual conversations. Make sure to join us for food, cash bar, and fun! Meet with your colleagues and bring your team; this event is complimentary for all participants.

Join Your Colleagues ♦ Our Sponsors ♦ And Exhibitors...in the Exhibition Hall for the

Entertainment & Social Mixer

Thursday, September 21st 4:30pm – 6:00pm

Food ♦ Drink ♦ Camaraderie ♦ Entertainment

featuring

Alyx Hilshey


Meet Our Entertainer

National sensation Alyx Hilshey will be dazzling us with her Jaw-dropping magic. Alyx performs throughout the US and has developed an extensive repertoire. A quick wit, incredible sleight of hand, and easy-going performance style has made Alyx one of today's in-demand performers. Recently, she was featured in newspapers, on-line podcasts, and was the cover story for Vanish Magazine.



Friday Agenda – September 22, 2023

9

8:00am–9:15am Continental Breakfast – Exhibit Hall

8:00am–10:00am Registration – Conference Center Foyer

8:00am–1:30pm Trade Show Exhibitor Display Hours – Please use your free time to visit exhibits.

Friday Programs – September 22, 2023

9:15am-12:15pm

Program #7

Larry J. Sangrik, DDS

Medical Emergencies in the Dental Office: Why CPR is Not Enough*

Audience Code: D, H, A, O

3 CEUs/Clinical Lecture

***Attendance limited to a maximum of 80**

Medical Emergencies occurring in the dental office can be stressful and frightening, not only for the patient, but also the entire dental team. This program is designed for dentists and staff to develop strategies to prevent, identify and respond to medical problems including syncope, allergic problems, cardiovascular abnormalities, diabetes and respiratory distress. Emphasis will be placed on preparing the dental team in advance of a crisis to minimize its potential impact. Although dentists or staff will benefit from attending individually, the greatest gain is achieved when the entire dental team attends together. By doing so, dental teams can develop a coordinated response to a patient's problem. An extensive handout is provided which can later be condensed into a chair-side manual with appropriate protocols to respond to most emergencies.

Learning Objectives:

- Understand the six areas in which dental offices need to be prepared to manage a medical event
- Appreciate the need for supplemental oxygen for both breathing and non-breathing patients
- Learn to assign duties to all members of the dental team
- Practice identifying and responding to a variety of complex medical conditions a dental office may likely encounter

**This program meets the dental emergencies training criteria credit requirement for VT license renewal. It is a repeat of Thursday's Program #5.*

9:00am-12:00pm

Program #8

Tieraona Low Dog, MD

Dietary Supplements: What the Dental Team Should Know

Audience Code: D, H, A, O

3 CEUs/Clinical Lecture

The use of dietary supplements has become commonplace in the United States. Some nutritional supplements have been shown through scientific investigation to benefit oral and overall health. However, concerns remain regarding safety and quality. All members of the health care team should be familiar with the evidence of safety and benefit for the most used dietary supplements to enhance patient outcomes and reduce risk of adverse events associated with dental procedures. This program is recommended for the entire dental team.

Learning Objectives:

- Recognize the importance of calcium and vitamin D in oral and overall health
- Understand the role of folic acid and vitamin B12 in oral health and identify populations at risk for deficiency
- Learn the role of omega 3 and omega 6 fatty acids in oral and overall health and identify effective strategies for increasing intake
- Know the risk and benefits of vitamin A and carotenoids in oral and bone health
- Understand the evidence for zinc and zinc-l-carnosine in oral health
- Identify key risks and benefits of commonly used dietary and botanical supplements on oral health and during dental procedures



Audience Code: D-Dentist H-Hygienist A-Assistant O-Office Team *Programs are open to all.*

9:15am-12:15pm

Program #9

Nancy Dewhirst, RDH, BS

Lesions and Lifestyles – Is it HPV? Oral Pathology Review and Update for Dental Teams

Audience Code: D, H

3 CEUs/Clinical Lecture

Lesions and lumps tell stories! This is a review of selected types of oral and pharyngeal lesions, today's most important trends, and emphasizing infectious and neoplastic pathology related to HPV. It will review oral pathology risk assessment and how to document oral conditions and risk for every patient, using effective diagnostic techniques and technology. You will learn to calibrate your team and educate patients to avoid disease and identify dangerous lesions early to save lives. The presentation will suggest differential diagnosis using case studies.

Learning Objectives:

- Identify and assess clinical and reported variations from normal, considering HPV pathology, and create a differential diagnosis
- Assess risk for oral cancer using standardized tools
- Identify, evaluate and compare oral soft tissue masses, ulcerations & papillary lesions and the possible role of HPV infection
- Review and practice precise descriptive terms and methods of recording and criteria for referring clinical lesions
- Describe and communicate causes, prevention, and treatment of HPV-related pathology to colleagues and patients
- Understand risky behaviors, vaccination prevention, and the progression from infection to cancer

.....

**FRIDAY
LUNCH
OPTIONS:**

11:15am – 12:00pm

Exhibitor Luncheon

12:00pm – 1:15pm

Main Lunch is served in the Exhibit Hall - *Lunch included with all CE program registrations*

.....

1:30pm – 4:30pm

Program #10

Larry J. Sangrik, DDS

Nitrous Oxide and N₂O/Oral Sedation on the Dental Patient

Audience Code: D, H, A

3 CEUs/Clinical Lecture

Increasingly, dental appointments are becoming more lengthy, more sophisticated, and more surgically oriented. Concurrently, contemporary patients are expecting not only technical excellence but also management of their anxiety by their dental team. This program is an excellent preface for the doctor considering entry into sedation dentistry or an established provider seeking an update on contemporary techniques. The program covers the basic aspects of nitrous oxide sedation with emphasis on the constant-flow technique. Both conventional nasal hoods and forced gas masks will be discussed. It will also address modifications in protocols and monitoring when combining nitrous oxide with an oral sedative such as a short-acting benzodiazepine.

Learning Objectives:

- Understand the four states of anesthesia and the where nitrous oxide and N₂O/oral sedation fits in that spectrum
- Know how to properly use the constant-flow technique for both a manual and digital nitrous oxide unit
- Value the establishment of a comprehensive office protocol for the use of nitrous oxide from pre-treatment planning to patient dismissal
- Appreciate a technique to safely modify nitrous oxide sedation by supplementing it with an oral sedative

**Stay in Touch
Online with the**



Vermont State
Dental Society

www.vsds.org

**Free Classified
Job Listings for Members:**

Submit A Classified

www.vsds.org/recruiting-classified/submit-a-classified

**Follow Us on
Social Media:**



We Will Follow You Back

1:30pm-4:30pm

Program #11

Tieraona Low Dog, MD

Integrative Approaches to Pain

Audience Code: D, H, A, O

3 CEUs/Clinical Lecture

The data shows that more than 100 million Americans suffer from chronic pain, more than heart disease, cancer, and diabetes combined. While opioids are powerful allies in the management of pain, the risk of addiction, depression, central hypogonadism, sleep-disordered breathing, infections, cognitive impairment, falls, non-vertebral fractures, and mortality are increased in populations taking these medications long-term. Clinicians should be aware of the evidence of efficacy and safety for the use of complementary and integrative approaches to the management of pain, including an understand of which conditions might be most amenable to these interventions.

Learning Objectives:

- Discuss the pros and cons of prescription drugs used for pain management
- Describe the benefits and risks for using over-the-counter analgesic medications
- Learn the evidence and risk for dietary supplements commonly used by patients for pain management
- Describe three strategies to enhance the patient experience using non-pharmacologic pain management solutions



1:30pm-4:30pm

Program #12

Nancy Dewhirst, RDH, BS

Dental Safety in the Shadow of COVID-19 (Includes OSHA Compliance & Infection Control)

Audience Code: D, H, A, O

3 CEUs/Clinical Lecture

This presentation makes sense of the many safety recommendations for dentistry considering the COVID-19 pandemic and beyond. Standard Precautions and Transmission-based Precautions will be explained in the context of CDC & ADA Guidelines and OSHA & Dental Board regulations. Options and strategies are presented with extensive question and answer time to address your concerns.

Learning Objectives:

- Recognize and manage bloodborne, contact, droplet, and airborne diseases
- Identify best practices for providing dental care while considering COVID-19
- Make sense of the evolving recommendations as applied to changing infection risk





Special Thanks to Our Exhibitors

the Heartbeat of Our Meeting!

Affiliated Associates Brasseler USA Carestream Dental Dentsply Sirona EMS GentleWave Jim Kasper Associates	Mascoma Bank Northeast Delta Dental NSK Dental Patterson Dental Ultradent Products, Inc. VOCO America, Inc. Yankee Dental Congress
---	---

Please visit our Exhibitors regularly throughout the conference and plan to make your office purchases (over \$200) during the Conference for a chance to win a free lunch for your staff from the VSIDS.

See You Next Year

September 2024

SPEAKERS



Karen Davis, RDH, BSDH*

Karen is an international speaker and founder of Cutting Edge Concepts®. Karen provides insightful humor and how-to-information, she delivers the timely and effective messages dental industry members need to succeed in today's world. She is also a practicing dental hygienist in Dallas, Texas. Karen received her Bachelor of Science in Dental Hygiene from Midwestern State University. She has served on numerous advisory boards in the profession and is considered a Key Opinion Leader to several corporations. Dentistry Today has recognized Karen as a "Top Clinician in Continuing Education" annually since 2006. She is an accomplished author and continues to share her passion for practicing on the cutting edge of the profession.



Jeanette MacLean, DDS, DABPD, FAAPD

Dr. MacLean is a Diplomate of the American Board of Pediatric Dentistry, Fellow of the American Academy of Pediatric Dentistry, owner of Affiliated Children's Dental Specialists in Glendale, Arizona, and mother of two. She received her dental degree, with honors, from the University of Southern California in 2003 and completed her specialty training in pediatric dentistry in 2005 at Sunrise Children's Hospital through the University of Nevada School of Medicine. She has become an internationally recognized advocate and expert on minimally invasive dentistry. Most notably, she was featured in the July 2016 New York Times article "A Cavity Fighting Liquid Helps Kids Avoid Dentists' Drills," which brought national attention to the option of treating cavities non-invasively with silver diamine fluoride.



Nancy Dewhirst, RDH, BS

Ms. Dewhirst graduated from, and was a clinical instructor in Dental Hygiene at the University of Southern California. She is a member of Sigma Phi Alpha and is Adjunct Faculty at West Coast University where she has been course director for Preventive Dentistry, General and Oral Pathology and Infection Control. She is consistently listed as one of the nation's "Leaders in CE", presents over 80 seminars a year, is featured at major U.S. and Canadian Dental Conferences, and is a member of the California Dental Association Speakers Bureau. She has had many articles published in dental peer-reviewed journals and has contributed to dental textbooks and guidance documents.



Larry J. Sangrik, DDS

Dr. Sangrik is a graduate of the Ohio State University College of Dentistry. He completed the intravenous sedation program at Miami Valley Hospital of Dayton, Ohio, and the comprehensive externship at Midwest Implant Institute. He has long held numerous positions at the local and state levels. Since 1999, Dr. Sangrik has offered dental CE programs to thousands of dental professionals at the nation's top meetings. He has been named as one of the nation's leaders in dental continuing education for over ten consecutive years. He has researched and written numerous articles for renown publications on medical emergencies and dental fear. He maintains a full-time general practice in his hometown of Chardon, Ohio.



Tieraona (Tier-oh-nay) Low Dog, MD

Dr. Low Dog is an internationally recognized physician, educator, author, and expert. She is a founding member of the American Board of Integrative Medicine, was appointed by President Bill Clinton to the White House Commission on Complementary and Alternative Medicine Policy and served as the Chair of the Dietary Supplements and Botanicals Admission Evaluation Sub-Committee from 2010–2020. Dr. Low Dog has spoken at over 600 medical conferences, has written 54 peer-reviewed articles, 24 medical textbook chapters, and authored five books of her own, including four with Natural Geographic: Fortify Your Life, Healthy at Home, Life is Your Best Medicine, and Guide to Medicinal Herbs.



Dr. Steven Shepard

Dr. Shepard is the founder of the Shepard Communications Group in Williston, Vermont, co-founder of the Executive Crash Course Company, and founder of Shepard Images. A professional author, photographer, and educator with more than 40 years of experience in the technology industry, he has written books and articles on a wide variety of topics. Dr. Shepard specializes in international issues in technology strategy, with an emphasis on the social, geopolitical, economic, and competitive implications of technological change. Thanks to a childhood in Spain, Steve routinely publishes and delivers presentations in Spanish. He lives in Vermont with his wife Sabine, who has put up with him for more than 45 years.

**The speaker has indicated a financial interest/arrangement or affiliation with a product/technique in this program. The speaker was a consultant for Periosciences & EMS.*

The Dental Workforce is Evolving...and So Are We!

The VSDS actively recruits Dentist candidates to live and work in Vermont. We also offer support and promotion to find Dental Assistant and Dental Hygiene workforce positions. If your office is in need of workforce assistance, simply start by submitting a FREE ad on VSDS.org/recruiting/submit-a-classified. Give our recruiter, Jenny Pitz a call at the office - 802-864-0115 or visit the VSDS booth throughout the conference to start a conversation.

Together we can brainstorm a plan for your office to find the right fit for you!

WE WANT TO HELP!

Vermont State
Dental Society
Recruitment Services



We've Got A Chair for You!

SCHEDULE AT A GLANCE

Vermont Dental Conference September 21 - 22, 2023

DoubleTree by Hilton - Burlington, VT

Education is Power...Come Learn with Us!

06/2023 V4

Thursday, September 21, 2023

Meeting #1 9:00am - 12:00pm

147th VSDS
Annual Business Meeting
Executive Board &
VSDS Membership

Program #2 9:15am-12:15pm

Understanding Dental
Fear: Successfully Treating
the Apprehensive Patient
Larry J. Sangrik, DDS

Audience Code: H,A,O
3 CEUs/Clinical

Program #3 9:15am-12:15pm

Conquering Disease with
Antioxidant Arsenal, Anti-Inflammatory Diets
& Adequate Sleep
Karen Davis, RDH, BSDH

Audience Code: H,A,O
3 CEUs/Clinical

Thursday, September 21, 2023

Program #4 1:30-4:30pm

How to be a Change Hero
on Your Team

Dr. Steven Shepard

Audience Code: D,H,A,O
3 CEUs/Non-Clinical

Program #5 1:30-4:30pm

Medical Emergencies in the
Dental Office: Why CPR Is
Not Enough

Larry J. Sangrik, DDS

Audience Code: D,H,A,O
3 CEUs/Clinical

Program #6 1:45-4:45pm

The Magic of Air for
Managing Dysbiotic
Biofilms, Around Implants
and Teeth

Karen Davis, RDH, BSDH

Audience Code: D,H
3 CEUs/Clinical

Friday, September 22, 2023

Program #7 9:15am-12:15pm

Medical Emergencies in the
Dental Office:
Why CPR Is Not Enough

Larry J. Sangrik, DDS
(Attendance Limit: 80)

Audience Code: D,H,A,O
3 CEUs/Clinical

Program #8 9:00am-12:00 pm

Dietary Supplements:
What the Dental Team
Should Know

Tieraona Low Dog, MD

Audience Code: D,H,A,O
3 CEUs/Clinical

Program #9 9:15am-12:15pm

Lesions and Lifestyles-
Is it HPV?

Nancy Dewhirst, RDH, BS

Audience Code: D,H
3 CEUs/Clinical

Friday, September 22, 2023

Program #10 1:30-4:30pm

Nitrous Oxide and
Oral Sedation for the
Dental Patient

Larry J. Sangrik, DDS

Audience Code: D,H,A
3 CEUs/Clinical

Program #11 1:30-4:30pm

Integrative Approaches
to Pain

Tieraona Low Dog, MD

Audience Code: D,H,A,O
3 CEUs/Clinical

Program #12 1:30-4:30pm

Dental Safety in the
Shadow of COVID-19
(Infection Control & OSHA)

Nancy Dewhirst, RDH, BS

Audience Code: D,H,A,O
3 CEUs/Clinical

Additional Virtual Sessions of the Vermont Dental Conference

*zoom link provided one week prior

Friday, September 8, 2023

"Be SMART: Improve Your Practice with Silver Diamine
Fluoride & Atraumatic Restorative Treatment"
Jeanette MacLean, DDS, DABPD, FAAPD

Live Digital Program *VS-08Sept23 (Zoom)
Time: 1:00 -3:30pm (Eastern Time)

On-Demand: Sept. 9th - 23rd

Educational Sponsor: GC AMERICA
Audience Code: D,H,A
2.5 CEUs/Clinical

On-Demand 9/8 - 23/23

Ergonomics: It's a Balancing Act
Nancy Dewhirst, RDH, BS

Virtual Session On-Demand Presentation
available 9/8-23/23

*VS-OD-Sept23 (Zoom Recorded Link)
Recorded Link Provided to Participants
Audience Code: D,H,A,O
2.5 CEUs/Clinical

Thursday's Social Mixer 4:30-6:00pm



- ◆ Food
- ◆ Drink
- ◆ Camaraderie
- ◆ Entertainment

✓ Register Early & Save through
08/18/23 for BEST pricing

✓ Thursday - Half Day Options

✓ Friday - Based on Full Day Attendance

For Updates: [Conference Participants Page](#)

Audience Code: D-Dentist H-Hygienist A-Assistant O-Office Team Please note that audience codes are suggestions. Programs are open to all.